

Upcoming events:

- September 27th & 28th: Museum Open House
- October 19th: Quarterly Meeting & Italian Feast
- October 25th & 26th: Museum Open House
- November 29th & 30th: Nutcracker Exhibit at Museum Open House
- December 27th & 28th: Museum Closed

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ALPINE
HISTORICAL
SOCIETY

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ALPINE HISTORICAL SOCIETY—ANNUAL ITALIAN FEAST FUNDRAISER—OCTOBER 19TH, 2014

“WYATT EARP IN SAN DIEGO”

Mark your calendars and make your reservations now for the Alpine Historical Society’s annual “Italian Feast” Fundraiser on Sunday October 19th, from 5:00–7:00 p.m. at the Alpine Woman’s Club, 2156 Alpine Blvd.

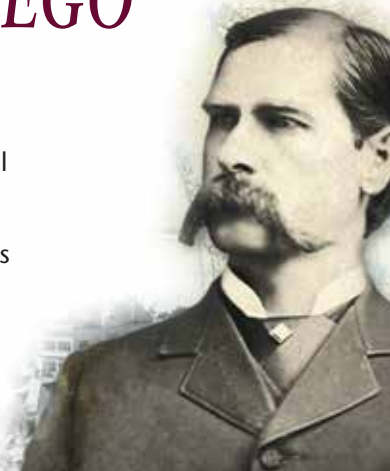
Our featured speaker will be **Garner A. Palenske**, author of *Wyatt Earp in San Diego - Life After Tombstone*.

Through his extensive original research, Mr. Palenske has put together a new picture of Wyatt Earp, who left law enforcement and Arizona, and arrived

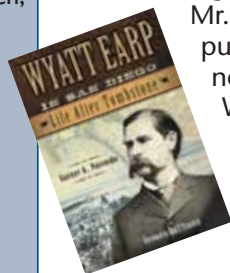
in San Diego with his wife and Tombstone buddies to create a very different way of life here. He will tell us all about that new way of life, and will describe a side of San Diego in the late 1800’s that you would never have dreamed existed.

Our good neighbor, the Viejas Band of Kumeyaay Indians, is sponsoring the *Italian Feast* again this year. Please join Viejas in supporting our programs with your generous donation of \$10 per adult or \$5 per child or student.

This exciting program is open to all, but please note that **reservations are required** for both the buffet and the speaker.



Plan to join us for the catered *Italian Buffet* at 5:00 p.m. or come only for the speaker at 5:45 p.m. Please RSVP by calling Carol Morrison at (619) 445-2544 or send an email to info@alpinehistory.org.



Spread the word and invite your friends—everyone is welcome.

THE NUTCRACKERS ARE COMING! THE NUTCRACKERS ARE COMING!

A full regiment of Nutcrackers will be marching into the DeWitt Historic Museum and Library for a special, two day only, exhibit November 29 & 30. This special Nutcracker Exhibit is from the collection of Andrew Poindexter, a young Alpine collector (5th grade) who just might be in line for the next generation of museum curators.



NEW BENEFITS FOR MEMBERS

To better serve our members, we are now offering some exciting new member benefits!

1 Gift Shop Discount

Effective October 1, 2014

Members at all levels will now receive a **10% discount** with membership card on all items in our gift shop. Please present your membership card to receive this new benefit. If you need a replacement card, please send an email to membership@alpinehistory.org, or call Judy Myers at 619-885-8064.

2 TimeTravelers

Coming January 1, 2015

All members (with a current membership card) will soon be able to enjoy the benefits of our affiliation with the Time Travelers Museum Program, which offers free or discounted admission to over 250 museums in the US. Many of these museums also offer other discounts and incentives as well. (See story on page 5)

3 Delivery of Newsletters by email

Starting with October 2014 Newsletter

We are now offering electronic delivery of our Newsletters in a PDF format by email. Now you can receive the newsletter anywhere you check your email, and you can help us save on paper, printing costs, and postage. Best of all, the email version will be in color for an enhanced experience.

Thanks to all of you who have already accepted our offer of e-delivery. If you have not yet been contacted, but wish to receive the Newsletter by email, please send me a note at membership@alpinehistory.org.

And, we guarantee we will never share your email address with any other organization – we promise!



WELCOME LESLIE HOLBEN!

After what seems like forever without a secretary, the Alpine Historical Society is thrilled to welcome **Leslie Holben** to the Board of Directors as our Secretary.

Leslie grew up in Union City, IN, received her Bachelor's degree at Indiana University, and later earned a Master's in Business Administration

at Western New England College in Springfield, MA. Three years ago Leslie and her husband moved to Alpine. Leslie has many years of experience working with Parks & Recreation in several states and was formerly a Financial Manager for San Diego County Parks and Recreation Department. Leslie is currently the office manager at her husband's law firm.

Her interest in all things historical began in her Indiana childhood when she would accompany her parents to search the countryside looking for objects from the native cultures that once thrived in the area. Her parents' interest in history and native cultures carried over to her and we are so happy that she has joined with us to explore the rich and varied history of Alpine.

Next time you see Leslie, at the museum, around town or one of our community programs, give her a warm welcome.

MEMBERSHIP UPDATE

A Warm Welcome to Our New Members:

Kathy Balsley, Fred & Susan Barker, Pam Lawless, Lance Rallof, and Damien Rosales.

A Heartfelt Thanks to Our Renewing Members: The Alpine Chamber of Commerce, The Alpine Women's Club, Betty Jenson, Sam & Gloria Purlia, and Max Robinson.

We appreciate the collectible donation from: Debbie Liefer ~ 1920s party dress

Thanks go to the following who made generous financial donations to the Society: The Alpine Community Church Guild, Pam Lawless, Mary Polk & Suzanne Norman, Lance Rallof, Damien Rosales; and also to Rod Orth for his generous donation to our buggy restoration fund.

And a special word of thanks to: David Spiro of Vidian Productions for his professional expertise in preparing DVDs from the VCR tape "A Portrait of Alpine".

CURRENT MEMBERSHIPS

Annual Members: 116
Life Members: 46
Members up for renewal: 27

DR. NICHOLS' MEDICINAL HERB GARDEN

A full house attended the Alpine Historical Society's potluck luncheon at the Woman's Club on Sunday, August 17, where the guest speaker was Judy Dunning, founder and president of the San Diego Herb Guild.

Judy explained that while Sophronia Nichols, Alpine's first physician, is said to have used homeopathic remedies in the late 1890s, they were probably very expensive. So, to provide her patients with more affordable care,



Dr. Nichols may have also relied on home-grown herbs and herbal products that she could prepare. Some of these herbs she undoubtedly knew from her medical studies, but it was also possible that she may have learned about some of the native medicinal herbs (mugwort, passion flower, buckwheat, white sage) from the original settlers of the area, the Kumeyaay Indians.

In addition to native herbs, Judy's presentation also focused on a selection of herbs with medicinal value whose origins in the Mediterranean were a perfect fit for our Alpine climate. She brought many herb samples, and passed them around so that we all could handle and smell them. The herb samples included:

- Buckwheat
- Catnip
- Cleveland Sage



- Comfrey
- Garden Sage
- Lavender
- Mugwort
- Passion Flower
- Peppermint
- Rosemary
- Thyme
- White Sage

It was amazing how many of the herbs were used to aid digestion, reduce inflammation, regulate high or low blood pressure, and even to stimulate the brain.

We also learned how to make medicinal teas and salves, and how to harvest and preserve home grown herbs for later use.

All who attended were captivated by Judy's easy going manner, humorous stories, and the knowledge she shared about herbs and the conditions that can be treated with them.

Inspired by Judy's insightful presentation, we are planning a "Medicinal Herb Discovery Walk" around

the Nichols and Beaty Houses at the DeWitt Historical Museum. This permanent display will incorporate a variety of herbs along with text labels describing their traditional uses for treating some common ailments. Judy Dunning has offered to assist in the planning and installation of this exhibit so that all visitors will have an opportunity to see these truly remarkable herbs in a natural landscape setting.

You can help make this project come alive by volunteering your time to help plant and maintain this garden, or by making a tax deductible contribution, identified as "Herb Garden" to the Alpine Historical Society, PO Box 382, Alpine, CA 91903-0382. To volunteer, please send a note to membership@alpinehistory.org.





IN MEMORIAM

On July 29, 2014, the Alpine Historical Society lost a good friend and valued colleague. Jim Hinds was our Archivist for over 15 years, providing leadership in collecting and preserving documents and researching special topics of interest to our community. He also prepared maps of early Alpine illustrating how the settlement grew and he crafted a model of the Alpine Union School grounds. His contributions to our history are highlighted in Carol Walker's *Tattered Tidbits* article reprinted, in part, below. We will surely miss Jim.

THE ALPINE SHOPPER—JANUARY 2, 2014: TATTERED TIDBITS

LOCAL RESIDENT'S CONTRIBUTIONS TO OUR HISTORY

One of the Historical Society's most significant assets is its Archivist, Jim Hinds. Jim has an interest in history—and, as he says, "If it interests me, I pursue it." As a result of his efforts, our newspaper collection, maps of early Alpine and the history of Alpine's school districts, among countless other things, are exemplary.

Jim's entire life has been spent living on his family's property on Lilac Lane. When his parents bought the property in 1940 there was nothing there but brush. Jim served in the United States Army for five years and did service in Southeast Asia, Vietnam and Korea. In 1970-71 he was with a field maintenance repair facility in Southeast Asia fulfilling a government contract. He went back, he says, in 1973, "by popular demand."

In addition to Jim's involvement in Alpine's history, he is very active in the Mountain Empire Historical Society. The upper floor of the museum in Campo is known as the Hinds Gallery of Military History. Jim modestly

reports the work at Mountain Empire is a cooperative effort. His extensive research is cited in several local military history books. Jim's work on the Cavalry was published and as a result he received a commendation from military leaders.

Jim became interested in the deadly Hauser Fire of 1943 and spent twenty years researching and documenting the events that occurred. Enlisting the help of park rangers, Jim visited the scene of the fire and walked the route taken by the doomed men. His narrative of the events leading to and after the event is extremely detailed.

The Alpine Historical Society's museums contain boxes and file cabinets of old Alpine newspapers that provide valuable insight into the history of this mountain community. The collection didn't just happen—it is the result of years of meticulous gathering and organizing performed by

Jim. For years Jim has been extremely vocal in voicing his concerns regarding the preservation of the newspaper collection in order to ensure it is available to future generations. It was his dream to scan the collection and make it available to researchers in some form. Originally, it was felt that microfiche would be the route to go; however, with newer technology this approach rapidly became outdated.

Carol Morrison, President of the Society, and her husband Ed arranged for all the newspapers to be scanned and saved to a disk containing files with images of the old papers. The files are now

available on the Historical Society's website, www.alpinehistory.org, for all to view. They include three local newspapers, *The Alpine Sun*, *Alpine Echo*, and the *Town and Country*, and cover the years 1958 – 1967. What a wealth of information!

This new tool will provide all who love the history of Alpine with valuable resources thanks to the dream and perseverance of our beloved Archivist. As the saying goes, "Alpine is a special place!" People like Jim make it so.



High School
Graduation~1962



Silver Star Recipient,
Vietnam~1968



At home~
1981

THE JOHN DEWITT HISTORIC MUSEUM AND LIBRARY OVERRUN BY WOMEN!

The Guild of the Alpine Community Church held their September meeting at the John DeWitt Historic Museum and Library, owned and maintained by the Alpine Historical Society.

The large group divided into two smaller groups for docent-led tours. Carol Morrison, president, guided one group through Sophronia Nichol's house, describing the changes in the Nichols structure, early school buildings, and providing details



on the lives of Benjamin and Harriet Arnold, the Foss family, George Washington Webb, and other early settlers.

Tom & Judy Myers, vice presidents, guided the second group through the Adam and Caroline Beaty House, which features the Justin Gruelle display, and also early agriculture ventures such as bee keeping, olive groves, fruit orchards, and wine making.

While the Guild members learned about significant people and events in Alpine History, they also shared stories

and experiences from their life experiences in Alpine.

Our museum docents truly enjoy providing special tours to groups. If your organization, group, neighborhood, or class would like to hold a special tour or event at the museum, please contact Carol Morrison to make arrangements. Carol can be reached at 619-445-2544 or by email at info@alpinehistory.org.



HELP US KEEP ALPINE HISTORY ALIVE!

Do you have family or community photos, stories, objects, or documents that illustrate Alpine's past? Maybe your treasure illustrates a special family event, or opening a new business, or a construction project. Perhaps you have a glimpse into a moment in time, such as the 1948 snowfall, your dad's shiny new Edsall, or setting the world's record for the longest softball game. Help us preserve the history of Alpine by sharing your scrapbook, photo album, or family stories with us. We can accept donations of your original items or we can scan and return them to you. Remember, when future generations study Alpine history they will want to know what happened during our lifetime, not just what happened in 1900. *Please help us tell the rest of the story.* If you have items you can share, please contact Carol Morrison at 619-445-2544, or send a note to info@alpinehistory.org.

ALPINE HISTORICAL SOCIETY JOINS TIME TRAVELERS!

Time Travelers is a reciprocal museum benefit program, created by the Missouri History Museum in 1998, and now includes over 250 historical museums and societies nationwide. Starting in January 2015, all members of the Alpine Historical Society will receive benefits offered by all "Time Traveler" participating museums. Such benefits may include free or discounted admission, discounts on merchandise and special events, free parking or other benefits specified by each institution.

Please explore their website:
<http://timetravelers.mohistory.org>



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We're on the Web!
www.alpinehistory.org

MEMBERSHIP APPLICATION

Name _____ Date _____

Street Address/P.O. Box: _____

City/ST/Zip: _____

Phone _____ E-mail _____

Send Newsletters via: E-mail U.S. Mail

Membership Category (Please check one):

<input type="checkbox"/> Student \$5	<input type="checkbox"/> Family \$35	<input type="checkbox"/> Business \$50
<input type="checkbox"/> Senior \$15	<input type="checkbox"/> Life \$500	<input type="checkbox"/> Business Life \$1,000
<input type="checkbox"/> Individual \$25		<input type="checkbox"/> Nonprofit Org. \$30

Amount Enclosed:

Membership \$ _____
Donation \$ _____
TOTAL \$ _____

Areas of Interest for Volunteers:

Building Preservation
 Technical/Clerical
 Where Needed

Please complete this form and include your check payable to the
Alpine Historical Society, a registered 501(c)(3) nonprofit organization.